## **COMMUNION OF THE SICK**

Invitation: My brothers and sisters, to prepare ourselves for this celebration, let us call to mind our sins.

I confess to almighty God, and to you, here present, that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you, here present, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

#### Amen.

Now let us pray as Christ the Lord has taught us:

## Lord's Prayer:

#### Communion:

This is the Lamb of God who takes away the sins of the world. Happy are those who are called to His supper.

Lord, I am not worthy that You should enter under my roof.,

but only say the word and my soul shall be healed.

The body of Christ.

### **Prayer after Communion:**

Let us pray.

Father,

may the food we receive in the Eucharist

help our eternal redemption. Keep within us the vigour of Your Spirit

and protect the gifts You have given to Your Church.

We ask this in the name of Jesus the Lord

#### Amen

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen** 



# 01.03.2020 1st SUNDAY OF LENT



Communion to the Sick & Housebound Elizabeth Catholic Parish



"An inclusive Eunity in the Catholic Tradition united in Jesus reaching out to all" A reading from the book of Genesis

Creation of our first parents, and sin.

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the

serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death".' Then the serpent said to the

woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves

together to make themselves loin-cloths.

The word of the Lord.

Thanks be to God.



Psalm.

praise, R.

R. Be merciful, O Lord, for we have sinned.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt and cleanse me from my sin. R.
My offences truly I know them; my sin is always before me.
Against you, you alone, have I sinned; what is evil in your sight I have done.

A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your holy spirit. R. Give me again the joy of your help; with a spirit of fervour sustain me. O Lord, open my lips and my mouth shall declare your

A reading from the letter of St Paul to the Romans

Where sin increased, there grace abounded all the more. Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobe dience many were made sinners, so by one man's obedience many will be made righteous. The word of the Lord.

Thanks be to God.

